AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1-34. (Cancelled)

35. (Currently Amended) A handle for a lacrosse stick and mounting a lacrosse head thereon, comprising:

a hollow metal tube having a substantially polygon cross-sectional shape for attachment to the lacrosse head;

said hollow metal tube having a top end portion, an intermediate portion, and a bottom end portion;

said top end portion and said bottom end portion defining a length of said hollow metal tube;

said hollow metal tube having an outer surface and an inner surface; and a pair of reinforcing inserts attached to said inner surface of said top end portion and said bottom end portion;

said reinforcing inserts forming a layer extending substantially around a circumference of said inner surface for strengthening said hollow metal tube at said top end portion and counterbalancing the lacrosse head at said bottom end portion;

said reinforcing inserts minimizing the weight of the handle by defining a hollow cavity and being offset from said intermediate portion and absorbing vibrations from said hollow metal tube during use.

- 36. (Previously Presented) The handle of claim 35 wherein said hollow metal tube formed from aluminum.
- 37. (Previously Presented) The handle of claim 35 wherein said hollow metal tube formed from titanium.

- 38. (Previously Presented) The handle of claim 35 wherein said wall thickness is substantially uniform around said circumference of said inner surface.
- 39. (Previously Presented) The handle of claim 35 wherein said reinforcing inserts are formed from fiberglass.
- 40. (Currently Amended) A handle for a lacrosse stick, comprising: a hollow metal tube having a first end for engagement with a lacrosse head and a second end opposing said first end;

said first end and said second end defining a length of said hollow metal tube; said hollow metal tube having an inner surface and an outer surface;

a pair of reinforcing inserts attached to said inner surface of said first end and said second end;

said reinforcing inserts extending substantially around a circumference of said inner surface;

said reinforcing inserts forming a layer coupled to said inner surface and defining a cavity for minimizing the weight of the handle;

said reinforcing inserts offset from an intermediate portion between said first end and said second of said hollow metal tube for further minimizing the weight of the handle and absorbing vibrations from said hollow metal tube during use;

said hollow metal tube having a polygon cross-sectional shape.

- 41. (Previously Presented) The handle of claim 40 wherein said hollow metal tube formed from aluminum.
- 42. (Previously Presented) The handle of claim 40 wherein said hollow metal tube formed from titanium.

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- 43. (Previously Presented) The handle of claim 40 wherein said wall thickness is substantially uniform around said circumference of said inner surface.
- 44. (Previously Presented) The handle of claim 40 wherein said reinforcing inserts are formed from fiberglass.
- 45. (Currently Amended) A handle for a lacrosse stick and mounting a lacrosse head thereon, comprising:
- a hollow metal tube having a plurality of inner corners defining a bore with a polygon cross-sectional shape;

said hollow metal tube having a top end portion, an intermediate portion, and a bottom end portion;

said top end portion and said bottom end portion defining a length of said hollow metal tube;

said hollow metal tube having an outer surface and an inner surface; and a pair of reinforcing inserts attached to said inner surface of said top end portion and said bottom end portion at said plurality of inner corners;

said reinforcing inserts minimizing local deformation of said hollow metal tube and absorbing vibrations from said hollow metal tube during use;

said reinforcing inserts minimizing the weight of the handle being offset from said intermediate portion.

- 46. (Previously Presented) The handle of claim 45 wherein said hollow metal tube formed from aluminum.
- 47. (Previously Presented) The handle of claim 45 wherein said hollow metal tube formed from titanium.
- 48. (Previously Presented) The handle of claim 45 wherein said reinforcing inserts are formed from fiberglass.

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- 49. (Previously Presented) A lacrosse stick having a lacrosse head coupled to said top end portion of the lacrosse handle of claim 35.
- 50. (Previously Presented) A lacrosse stick having a lacrosse head coupled to said first end of the lacrosse handle of claim 40.
- 51. (Previously Presented) A lacrosse stick having a lacrosse head coupled to said top end portion of the lacrosse handle of claim 45.